

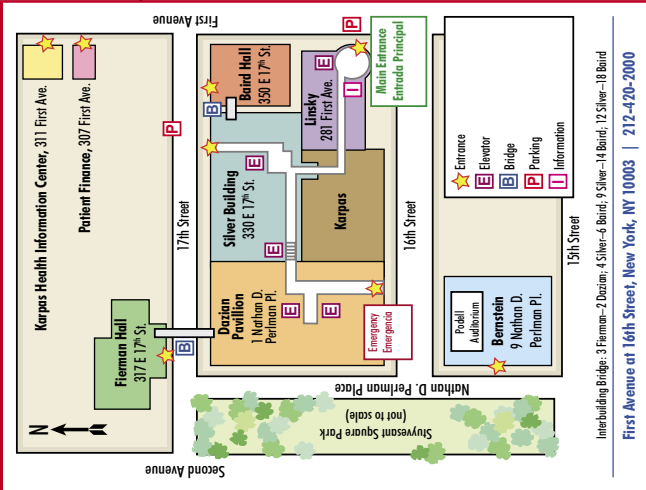
Icahn
School of
Medicine at
**Mount
Sinai**

Internal Medicine Residency Program at Mount Sinai Beth Israel

2018-19



PETRIE CAMPUS



Interbuilding Bridge: 3 Fremman-2 Dozian-4 Silver-6 Band-8 Silver-14 Band-12 Silver-18 Band
 First Avenue at 16th Street, New York, NY 10003 | 212-420-2000

Mount Sinai Beth Israel Campus Map

- 1 Petrie Campus** Corner of 1st Avenue and East 16th St. (212) 420-2000
- 2 Dialysis Center** 120 East 16th St. (212) 844-8611
- 3 Mount Sinai Downtown Union Square** 10 Union Square East (212) 420-2000
- 4 Mount Sinai Comprehensive Cancer Center West-Side Campus** 325 West 15th St. (212) 604-6000

★ Main Entrance

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Mount Sinai Beth Israel

Introduction To Our Program



Dear Senior Medical Student:

The Internal Medicine Residency Program at Mount Sinai Beth Israel provides outstanding clinical training, research opportunities and preparation for a career in either academic or clinical medicine. These endeavors are carried out in a humane, respectful and supportive environment where the delivery of compassionate, high-quality care is the guiding principle.

For us, excellence is not just a fancy buzzword thrown around to inspire and motivate; it is a principle that we live by every day. Whether it's excellence in patient care, in educating our trainees, or in mentoring and nurturing budding physician-scientists, it imbues our mission and drives us to do better for ourselves and for our patients.

Ultimately, the goal of our program is to provide you with solid clinical skills, and the ability to adapt and function in the ever-changing environment of modern health care. We want you to graduate with the ability to pursue any area of academic medicine. Our residents consistently secure top fellowships around the country and thrive in academic medical centers. Our program supports resident scholarly activity, with many residents traveling each year to present their research work at local, national and international meetings.

The residency program places a great deal of emphasis on and takes great pride in the diversity of trainees' clinical experiences. The patient mix is well-balanced and represents the cultural and socioeconomic diversity of Mount Sinai Beth Israel's metropolitan location. Residents are responsible for and play a major role in the care of all of these patients, including continuity of care between inpatient and ambulatory settings.

As a member of the Mount Sinai Health System, our residents are in a unique position to leverage the expertise and resources of the largest health care provider in the New York City area. As part of the Icahn School of Medicine at Mount Sinai, our residents have access to world-class educational and clinical resources, including clinical or research electives at hospitals across the system. Full-time faculty members hold academic appointments at the Icahn School of Medicine at Mount Sinai and are involved in training residents and medical

students on inpatient services, in the ambulatory setting and on the subspecialty services within the Department of Medicine.

The Mount Sinai Health System is in the midst of an over \$500 million transformation of Mount Sinai Beth Israel, to create the new "Mount Sinai Downtown," an expanded and unified network of state-of-the-art facilities stretching from the East River to the Hudson River below 34th Street. When this transition is completed in 2021, MSBI will host four independent residency programs, including Internal Medicine. The Internal Medicine residency at MSBI will be redesigned to provide residents with world-class training and preparation for a career in either clinical or academic medicine. Keeping pace with the national trend to shift the delivery of care from the traditional inpatient setting to the ambulatory one, residents in this program will spend one-third of their time in the traditional hospital setting and two-thirds of their training time in ambulatory subspecialty and general medicine venues.

We recognize that the changes described above are significant. As you consider your next step in post-graduate training, we want to affirm that the Icahn School of Medicine at Mount Sinai is wholeheartedly committed to ensuring that each of our trainees receives the highest quality training experience at all of our clinical training locations.

So if you are interested in advancing your medical training in a dynamic, urban environment that promises to provide unique opportunities for learning and living, we urge you to consider joining our mission.

Daniel I. Steinberg, MD

*Director, Internal Medicine Residency Program
Mount Sinai Beth Israel*

Matthew A. Weissman, MD, MBA

*Site Chair, Department of Medicine
Mount Sinai Beth Israel*

David C. Thomas, MD, MHPE

*Vice Chair for Education, Department of Medicine
Mount Sinai Health System*

Barbara Murphy, MD

*Chair, Department of Medicine
Mount Sinai Health System*

Why Choose Mount Sinai Beth Israel



**Mount
Sinai
Beth Israel**

At first glance, it is often difficult to distinguish among residency programs. All promise to provide excellent medical training and to open doors for future careers. We believe that at Mount Sinai Beth Israel we can and do provide so much more, including an appreciation and value of our housestaff, a continued tradition of excellence, a varied and diverse experience, and an outstanding faculty who are deeply involved in your training.

OUR VALUED HOUSESTAFF

At Mount Sinai Beth Israel, we are proud of our reputation for running a respectful and humane residency program. We ask for and value regular feedback from our housestaff about the program. We foster a warm and collegial atmosphere that is so appealing many residents choose to stay at or return to Mount Sinai Beth Israel after their training.

A TRADITION OF EXCELLENCE

For more than a century, Beth Israel has been serving the downtown New York community, providing excellent primary, secondary and tertiary health care to a robust and diverse population. Today, as a member of the Mount Sinai Health System, the physicians of the Department of Medicine at Mount Sinai Beth Israel remain committed to giving their patients the very best clinical care all while creating a rigorous and challenging environment for our residents.

LOCATION

Located in the heart of lower Manhattan on the East Side, our campus is conveniently located between two different and vibrant neighborhoods. To our west lies Union Square, a center of the

foodie scene in New York with the famous Union Square Greenmarket and a cultural and shopping mecca. Beyond Union Square is the Flatiron District and Chelsea—two other populous and distinct areas with different health care needs. To our south is the Lower East Side and Alphabet City, an economically and culturally diverse area where the population faces a variety of challenges around health care.

DIVERSITY OF EXPERIENCE

As a resident at Beth Israel, you will care for and be exposed to a large, varied patient population and complex cases in both the inpatient and ambulatory settings.

Inpatient care is delivered at the Milton and Carroll Petrie Division located at First Avenue and 16th Street. The Petrie Campus is an acute care teaching hospital, which is the main site for training in Internal Medicine.

The majority of our residents spend a significant period of time each year in the ambulatory setting, consistent with current ACGME requirements. As an “on the ground” institution dedicated to serving our communities, Mount Sinai Beth Israel is proud of its ambulatory care network, one of the largest in New York City. Each ambulatory continuity training site is designated as Level 3 Patient-Centered Medical Homes.

General Medical Associates (GMA) is located steps from one of the busiest subway stations in New York City at Mount Sinai Union Square. Its location results in a large and diverse patient population from all five boroughs. At GMA, physicians provide comprehensive primary care, with all medical, surgical and radiology subspecialties located within the same building. Dedicated primary care faculty supervise residents in a longitudinal fashion, providing exceptional teaching and mentorship.

The Ryan NENA Community Health Care Center located on East 3rd Street in the Lower East Side of Manhattan is a Federally Qualified Health Care Center that serves a diverse community. Ryan NENA offers residents an outstanding precepting, learning and practice experience.



Our Faculty

As a medicine resident at Mount Sinai Beth Israel, you will have the opportunity to work with and be mentored by a group of physicians who are dedicated to your education and training. The following is a sampling of our program and faculty leadership:

Allergy & Immunology



Mary Lee Wong, MD, is Assistant Professor of Allergy & Immunology. A well-known clinician in New York City, she maintains a very busy practice at the Mount Sinai Union Square. Dr. Lee Wong mentors many residents in academic projects and runs a very popular allergy elective.

Asian Services



Wan Lam, MD, is the Medical Director of the Asian Inpatient Service, which provides culturally sensitive care to the Chinese population of Lower Manhattan and other boroughs in New York City. Dr. Lam manages patients across the hospital, allowing residents to interact with her and her patients.

Cardiology



John Fox, MD, is the Director of the Interventional Cardiology and Cardiac Catheterization Lab at Mount Sinai Beth Israel and Associate Professor of Cardiology. He is a member of the Cardiac Steering Committee, and Chairman of both the Cath Lab Leadership Committee and the Cath Lab Quality Improvement Committee.

Endocrinology & Diabetes



Terry Davies, MD, is the Chief of the Division of Endocrinology and Diabetes and the Florence and Theodore Baumritter Professor of Medicine. Dr. Davis is an internationally known expert in thyroid disease, and his lab is known for its work in autoimmune thyroid disease research.

Gastroenterology



Ilan Weisberg, MD, MSc, is Assistant Professor of Medicine (Gastroenterology) and the Director for the Gastroenterology and Hepatology Fellowship Program. His clinical interests span the entire breadth of gastroenterology and endoscopy, with a particular emphasis on the treatment of hepatitis, portal hypertension and other disorders of the liver.

General Internal Medicine



Matthew A. Weissman, MD, MBA, is the Site Chair of the Department of Medicine and is Senior Faculty in both Internal Medicine and Pediatrics. He is an experienced physician executive, serving most recently as the Chief Medical Officer at a leading Federally Qualified Health Center in New York. In addition to maintaining a robust primary care practice, he has served on multiple hospital, city-wide, state, and national committees. His primary interests are leveraging technology to streamline delivery and improve access to and quality of care and training the next generation of physicians and medical leaders.



Christina M. Cruz, MD, is the Associate Program Director for Ambulatory Care, and Assistant Professor of Medicine. She oversees the residency's Ambulatory and Wellness Curricula. Dr. Cruz regularly reviews clinical vignettes and medical education workshops for the Society of General Internal Medicine's (SGIM) annual and regional conferences. She participates in medical education research around End-of-Year Transfers of Care for high-risk patients and more recently a multi-center study of prevalence and potential contributors to burnout among resident physicians. Dr. Cruz's primary area of interest is the intersection between medical education and social accountability.

Geriatric Medicine



Joyce F. Fogel, MD, is Associate Professor and Chief of Geriatrics. Dr. Fogel has developed a consolidated approach to caring for the geriatric patient, which includes ambulatory, hospital and home-based care. Dr. Fogel oversees the residency program's geriatrics rotation, which has been a popular experience for our housestaff.

Hematology and Oncology



Peter Kozuch, MD, is Associate Professor of Medicine and the Associate Program Director of the Icahn School of Medicine at Mount Sinai's Hematology/Oncology Fellowship. His clinical and research interests include malignancies of the pancreas and gastrointestinal tract.

Hospital Medicine



Dahlia Rizk, DO, is Associate Professor and Chief of the Division of Hospital Medicine. Dr. Rizk has built the hospitalist program into one of the major inpatient clinical and teaching services in the hospital. She leads and is involved in numerous systems-based initiatives for the Department of Medicine and throughout the institution.



Alfred Burger, MD, is Senior Associate Program Director, Associate Professor of Medicine and Medical Education, and an attending in the Division of Hospital Medicine. Dr. Burger has specific interests in clinical reasoning, quality improvement and in mentoring trainees in the development of clinical vignettes and case write-ups as early academic projects.



Daniel I. Steinberg, MD, is Program Director, Associate Professor of Medicine, and Medical Education, and an attending in the Division of Hospital Medicine. Dr. Steinberg's academic interests include medical education, mentorship of trainees, faculty development and evidence-based medicine. He is actively involved in the Society of Hospital Medicine (SHM), and the Association of Program Directors in Internal Medicine. He is a past President of the New York State Chapter of the Association of Program Directors in Internal Medicine.

Infectious Diseases



David Perlman, MD, is Professor and Chief of the Infectious Diseases Division. He is an active investigator at the Baron Edmond de Rothschild Chemical Dependency Institution at MSBI and also serves as the Director of the Infectious Diseases Core at the Center for Drug Use and HIV Research.

Nephrology



Nikolas Harbord, MD, is Assistant Professor of Medicine and Chief of the Division of Nephrology. He is Director of the Nephrology Fellow's Ambulatory Clinic as well as Director of the Diabetic Nephropathy Clinic.

Pulmonary, Critical Care and Sleep Medicine



Paru Patrawalla, MD, is Assistant Professor of Medicine, Program Director of the Pulmonary Critical Care and Sleep Medicine Fellowship Training Program, and Director of the Mount Sinai Beth Israel Simulation Training Program.



David Steiger, MD, is Professor of Medicine and Chief of the Division of Pulmonary, Critical Care and Sleep Medicine. He is an expert in interstitial lung disease, perioperative medical management, critical care medicine and a researcher in cognitive dysfunction in orthopaedic surgical patients.



Patricia Walker, MD, is Associate Professor of Medicine (Pulmonary, Critical Care and Sleep Medicine). She is an internationally known specialist in cystic fibrosis who runs the CF program at Mount Sinai Beth Israel.

Rheumatology



Harry D. Fischer, MD, is Associate Professor and Chief of the Division of Rheumatology. Dr. Fischer was one of the first rheumatologists to describe the rheumatic manifestations of HIV infection. His additional clinical interests include systemic lupus erythematosus, rheumatoid arthritis, vasculitis and Lyme disease.



CAREER DEVELOPMENT

At Beth Israel, our residency program is designed to create a well-rounded and rigorously trained house officer. What makes us proud is that so many of our trainees choose to remain as fellows or return as faculty members. Regardless of your career plans, we provide thorough and thoughtful mentorship and professional development that best suits your individual trajectory and career plans.

The Buddy System: Upon entry into our training program, each house officer is paired up with both a chief resident and a program director who serve as the house officer's "buddies." The buddy system allows for personalized, longitudinal mentoring. Chief residents provide one-on-one evaluation, counseling and advice to their house officer buddies.

House officers meet formally twice per year with their program director buddy to review performance, discuss career plans or fellowship applications, and any other pertinent issues. In addition, all our program directors pride themselves on being available to any resident for any issue whenever they should arise, and their doors are always open to housestaff and students.

Faculty and Peer Mentoring: There are different types of mentoring, and our system allows for each trainee to select which kind of mentoring works best for them. Every trainee is automatically part of the buddy program, described above. But support for residents doesn't stop there. Many house officers naturally connect with subspecialty faculty who come to serve as mentors based on common interests, either professional or personal.

Peer-to-peer mentoring is another important way we foster support and collaboration in the Department of Medicine. Our housestaff will often work with a fellow who helps guide them in the development of a project. The high level of research collaboration attests to the close relationship between these two groups of trainees.

The Summer Research Presentation Series: Throughout July and August of each year, the subspecialty divisions in the Department of Medicine present their ongoing research projects to the new residents. This gives incoming housestaff an overview of what is going on in each division, and helps them identify faculty and fellows that they can contact for further guidance and research pursuits.

UNIQUE CURRICULUM

Our curriculum aims to develop and refine residents' clinical reasoning skills and their ability to practice high-quality, evidence-based medicine. Multiple venues and opportunities ask residents to integrate their knowledge of the basic and clinical sciences into real-life patient care and decision-making.

A focus on critical appraisal and application of the most current literature to patient care is a theme throughout all teaching venues.

6+2 Inpatient/Outpatient System: Our program was an early adopter of this innovative scheduling system for our categorical program. Rather than running to and from their ambulatory clinic once a week during inpatient rotations, our residents now rotate on inpatient services for six weeks at a time without ambulatory responsibilities. This allows residents and inpatient teams to be most efficient and provide uninterrupted care on the wards. Then two dedicated weeks are spent full-time in the ambulatory setting. Our residents experience the daily routine of an outpatient physician, and have great opportunity and flexibility to provide continuity of care. This scheduling provides for a variety and change of pace to the usual inpatient environment.

Academic Half-Day: One morning a week during ambulatory continuity rotations, residents from all three outpatient sites come together to learn as a group. Without the pressure of clinical responsibilities immediately before and after, residents are able to

learn in a relaxed, stress-free environment. Topics range from clinical medicine to quality improvement to cultural competency and beyond. Multiple formats are used, including interactive small-group based workshops, interactive case conferences and traditional lectures. Our innovative ambulatory curriculum also includes a Wellness Curriculum which consists of a series of mindfulness sessions led by local mindfulness experts and guided debrief/reflection sessions led by our faculty. (A similar Wellness curriculum is in place for Preliminary residents.)

The Alice and Richard Netter Simulation Center: With the days of "see one, do one, teach one" gone, simulation training has become an essential part of the residency experience. Mount Sinai Beth Israel boasts a state-of-the-art simulation center. Under the guidance of a chief medical resident and faculty, our housestaff undergo intense and wide-ranging training for managing a variety of emergent clinical situations. From behind a one-way mirror, dedicated Simulation Center staff and faculty throw out scenarios for residents to work through as a team. Interns are taught proper airway management and chest compressions. Medical residents serve as Code Team and Rapid Response Team leaders for all such calls throughout Mount Sinai Beth Israel, and receive intensive clinical and leadership training in these areas. Communication and other tools adapted from the aviation industry and the military are taught and practiced. Residents also learn central line insertion and other procedures in the Simulation Center. This is widely viewed among the housestaff as a superb learning experience.



Education Tracks



OVERVIEW

As a resident at Mount Sinai Beth Israel, you will be fully immersed in a program that teaches you the clinical skills, knowledge and leadership qualities of a twenty-first century physician.

Formal instruction begins each morning with the residents leading bedside teaching and work rounds. Team members review the progress of each patient, incorporating patient management, teaching and discussion of clinical decision-making. Residents and interns regularly present and discuss patients during rounds with the teaching faculty. Discussions range from the bench to the bedside with a focus on clinical reasoning, diagnostic skills and application of the latest evidence to patient care.

Conferences provide another method for teaching and training. But at Mount Sinai Beth Israel we do not believe in a one-way educational experience. Instead, in dynamic, interactive venues, housestaff meet with the chief medical residents, the program directors and the teaching faculty to present and discuss interesting and instructive cases. In a supportive environment senior residents are asked to explain their medical reasoning, to justify their decisions with evidence and to consider the costs and risks of care.

EDUCATIONAL CONFERENCES

Noon Conference: Each day residents are provided a noon conference that can take many formats. Case presentations and lectures are delivered in an interactive format, with audience response technology used to enhance the learning experience. Lunch is provided. The noon conference curriculum covers the range of clinical Internal Medicine and subspecialty topics, as well as topics such as ethics, cost-effectiveness, business aspects of medicine and health care systems. On certain days, interns learn together while senior residents attend a separate resident report conference, and on other days, residents of all three levels are in conference together.

Resident Grand Rounds (“Journal Club”):

In the PGY2 year, residents present a clinical or research topic of their choosing to their housestaff peers and selected faculty. A faculty member who is an expert in the field moderates the session. During the presentation, the resident presents a scholarly review of the topic, including basic science

background, current trends, and future directions. In addition, residents critically appraise and present an article from the recent literature that is relevant to the topic being given. Direct one-on-one mentoring and assistance with preparation are given to each resident by a chief medical resident.

Resident Report: Separate resident report conferences exist for inpatient day and night float teams. At night float report, overnight teams present newly admitted cases to the program directors, chief residents and other faculty. Teaching occurs as the history, physical, radiology and lab results are reviewed and the overnight teams' management plans are discussed. At senior resident report, which occurs during the day, housestaff present multiple cases for higher-level discussion of clinical reasoning, diagnosis and management. Residents are asked to teach their peers by providing evidence-based answers to questions that came up at report the previous day.

Department of Medicine Grand Rounds:

Throughout the year, the Department of Medicine hosts nationally and internationally known speakers who present on topics in the basic and clinical sciences. Recent past speakers have included Nobel Laureates and other world-renowned luminaries in medicine.

Subspecialty Conferences: Each division holds weekly subspecialty conferences, frequently including prestigious outside speakers. Residents on elective participate in these conferences. Senior residents rotating in the CCU are required to present formally to the faculty and fellows of the Department of Cardiology.



CATEGORICAL RESIDENCY

The primary goal of Mount Sinai Beth Israel's Department of Medicine categorical residency training program is to provide the trainee with advanced medical knowledge, progressive experience in clinical decision-making and the opportunity to practice medicine in an environment of academic excellence. Training occurs in an atmosphere of openness, where residents are encouraged to raise questions and contribute ideas. It is a point of pride that our hospital is considered a place that offers a cooperative and supportive environment for both faculty and housestaff. All members of the health care team work closely together. The hospital provides excellent ancillary services, including transport staff, clerks, phlebotomists and IV teams to facilitate safe and efficient patient care.

PGY1: As a PGY1 you will further develop and master your organizational skills and ability to make efficient, clinically sound decisions as you rotate through various experiences. We expect our PGY1 housestaff to begin to think independently and to voice their opinion on diagnosis and treatment plans. PGY1s participate in our "Residents As Teachers and Leaders" seminar in the spring to help prepare them for their PGY2 year.

A sample PGY1 schedule is as follows:

PGY1	Months
Inpatient Medical Wards	3.5-4.5
Ambulatory Continuity Practice	3 (spread over 6 recurring 2wk blocks)
Night Float	1-1.5
Elective Time	See below under Elective Time
CCU	1
MICU	1
Vacation	1

PGY2: As a PGY2, your responsibilities grow. You will lead and teach teams of interns and medical students on the inpatient wards and perform medical consultations to other services. In the ambulatory setting, you will enjoy an ever-increasing sense of

continuity as your personal patient panel grows. PGY2s use their elective time to explore career interests or conduct research. Increased academic expectations include regular presentations at resident report and other conferences.

A sample PGY2 schedule is as follows:

PGY2	Months
Inpatient Medical Wards	2-4
Ambulatory Continuity Practice	3 (spread over 6 recurring 2 week blocks)
MICU	0-1
ED	1
Night Float	1
Elective	See below under Elective Time
Medical Admitting Resident	0-1
Vacation	1

PGY3: Our PGY3s assume major clinical leadership roles on the medical service. Advanced rotations include the CCU, the telemetry unit, and serving as the Code and Rapid Response Team leader for the



institution. We expect our PGY3s to role model professionalism and outstanding clinical care to their junior peers. The transition to fellowship or clinical practice moves into high gear at the beginning of this year with ongoing individual mentoring by the program directors and faculty.

A sample PGY3 schedule is as follows:	
PGY3	Months
Inpatient Medical Wards	2-3
Ambulatory Continuity Practice	3 (spread over 6 recurring 2 week blocks)
Medical Consult/Rapid Response Team	0-0.5
CCU	1
Night Float	1
MICU	0-1
Medical Admitting Resident	0-1
Geriatrics	0-1
Elective	See below under Elective Time
Vacation	1

Elective Time

Categorical residents are allotted five months of electives over the course of their three-year training. Two weeks are scheduled in the PGY1 year. The remainder may be taken over the PGY2 and PGY3 years to suit individual preference and to allow for natural variability in the schedule. Two months of elective time must be taken in the ambulatory setting.

PRELIMINARY RESIDENCY

Beth Israel offers an outstanding preliminary year for housestaff heading towards careers in other specialties. We regard the preliminary year as a discreet and important educational experience rather than just a stop along the way towards an advanced residency. Our program is challenging, but is widely viewed as a tremendous developmental experience. The clinical and educational activities and the work schedule for preliminary housestaff are the same as for categorical housestaff. The exception to this is

that preliminary housestaff do not attend ambulatory continuity clinic or ambulatory-related activities. In recognition of the fact that our preliminary interns do more inpatient ward rotations than our categorical interns, they get significantly more elective time.

For anesthesia preliminary residents, in order to satisfy your advanced program's requirement for Emergency Department rotation, we require that two or four weeks of your elective time will be used. The exact amount will vary depending on the make up of the intern class.

Also, please note that residents in the Preliminary/Neurology track have the same schedule as preliminary residents, but must apply using a separate NRMP number.

A sample Preliminary schedule is as follows:	
Preliminary	Months
Inpatient Medical Wards	5-7
Elective	2 (see above for anesthesia exception)
Night Float	1.5
CCU	1-2
MICU	1-2
ED	1 (if required)
Vacation	1





Where are they now? Class of 2018

CATEGORICAL GRADUATES

Joan Bosco	Primary Care	Mount Sinai Doctors/Ryan Nena
Vianna Broderick	Geriatric Medicine	NYU
Margarita Chernovolenko	Cardiovascular Diseases	Icahn SOM at Mount Sinai/MSBI
Perry Fisher	Chief Resident	Icahn SOM at Mount Sinai/MSBI
Matthew Frank	Pulmonary/Critical Care	Northwell Health
Shmuel Golfeyz	Chief Resident	Metropolitan Hospital
James Kaus	Hospital Medicine	Nyack Hospital
Takaaki Kobayashi	Infectious Diseases	University of Iowa Hospital Clinics
Samuel Kolman	Cardiovascular Diseases	Drexel School of Medicine
Nikhil Kothari	Primary Care	Mount Sinai Doctors
Jeffrey Ma	Cardiovascular Diseases	NYP Queens
Michael Ma	Hospital Medicine	Mount Sinai Beth Israel
Neena Malik	Gastroenterology	Albert Einstein College of Medicine
Nina Nguyen	Chief Resident	Icahn SOM at Mount Sinai/MSBI
Janvi Paralkar	Pulmonary/Critical Care	Icahn SOM at Mount Sinai/MSBI
Anjanet Perez-Colon	Gastroenterology	University of Rochester
Jenny Placido-Disla	Cardiovascular Diseases	Icahn SOM at Mount Sinai/MSBI
Devi Sampat	Hematology/Oncology	University of Alabama – Birmingham
Matthew Schaikewitz	Cardiovascular Diseases	Morristown Medical Center
David Schwartzbaum	Gastroenterology	NYP Queens
Danielle Seiden	Hematology/Oncology	Icahn SOM at Mount Sinai/MSH
Meytal Shtayer Fabrikant	Hematology/Oncology	George Washington University
Leslie Seijo	Chief Resident	Icahn SOM at Mount Sinai/MSBI
Rajbir Sidhu	Cardiovascular Diseases	Scripps Clinic
Sandeep Soman	Primary Care	Mount Sinai Doctors
Tina Su	Hospital Medicine	Montefiore Medical Center
Yuji Yamada	Asst. Professor/DOM	Saitama Medical University
Kevin Yan	Clinical Preceptor	Ryan Chelsea-Clinton Health Center
Xiao Yang	Hospital Medicine	Mount Sinai Deaconess
Yulong Yang	Primary Care	Holy Name Medical Center

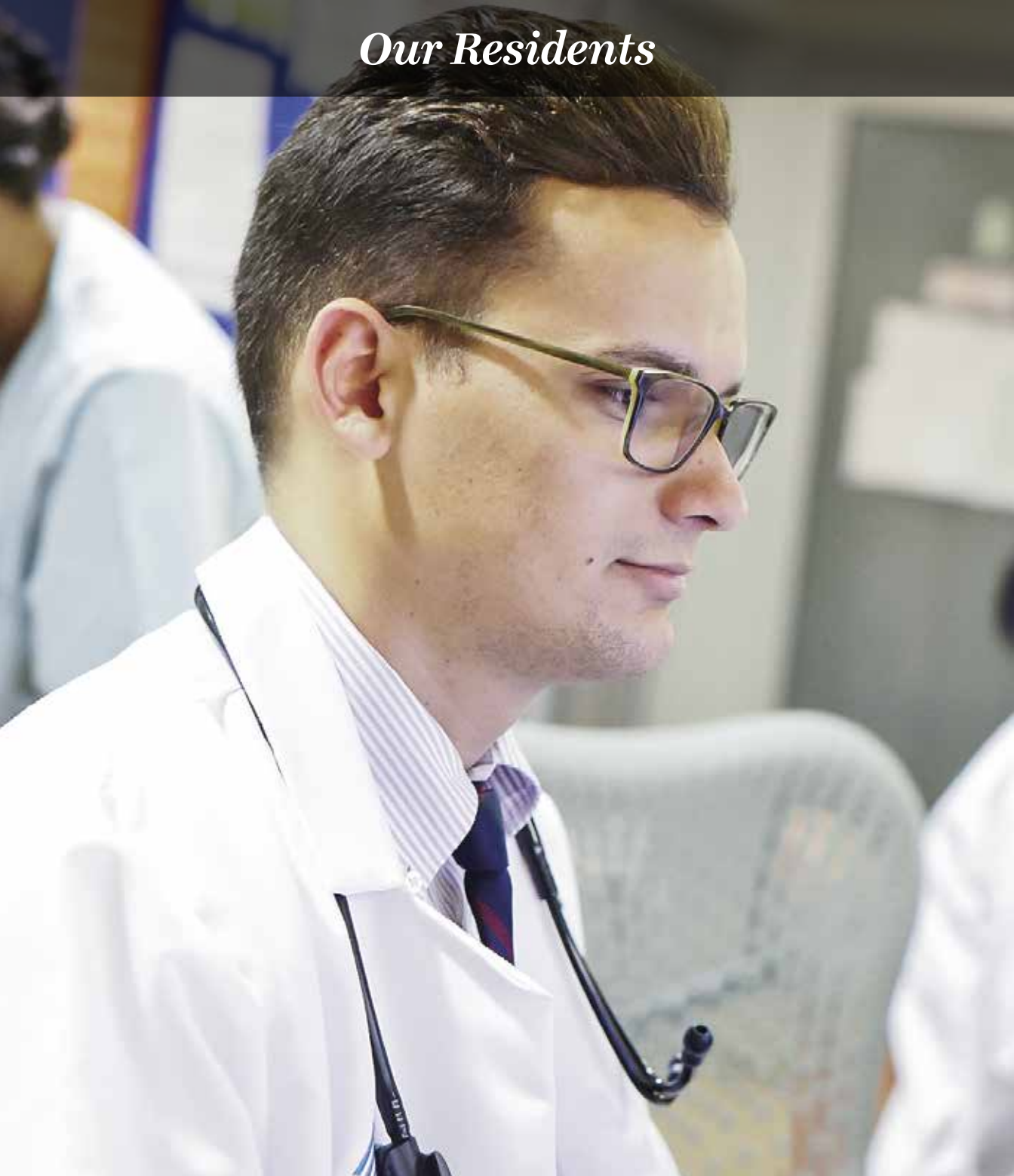
PRELIMINARY INTERNS

Yasmin Amir	Dermatology	Icahn SOM at Mount Sinai/MSH
Marianna Atiya	Neurology	Icahn SOM at Mount Sinai/MSH
Samantha Erosa	Physical Medicine & Rehabilitation Medicine	Columbia University
Madeline Gantz	Dermatology	Icahn SOM at Mount Sinai/MSH
Lawrence Geyman	Ophthalmology	Illinois Eye and Ear Infirmary
Bryanna Gulotta	Neurology	Columbia University
Alessandra Haskin	Dermatology	SUNY Downstate
Vaughn Hodges	Dermatology	UCSF
Kimberly MM Isakov	Diagnostic Radiology	Weill Cornell Medical College
Joseph Kristan	Ophthalmology	Albert Einstein College of Medicine
Hernan Nicolas Lemus Esquivel	Neurology	Icahn SOM at Mount Sinai/MSBI
Robert Lorenz	Dermatology	Georgetown University
Christina Marsh	Neurology	Icahn SOM at Mount Sinai/MSBI
Maria Mitry	Radiology	Weill Cornell Medical College
Jaime Nichols	Neurology	Icahn SOM at Mount Sinai/MSH
Puja Parikh	Radiology	University of South Florida
Jared Rowley	Radiation Oncology	SUNY Downstate
Jarod Santoro	Ophthalmology	Tufts University
James Schifffenhaus	Anesthesia	Rutgers New Jersey Medical School
Christina Schreckinger-Rodas	Neurology	Icahn SOM at Mount Sinai/MSBI
Kunal Sindhu	Radiation Oncology	Icahn SOM at Mount Sinai/MSH
Emily Tongdee	Dermatology Research Fellowship	Icahn SOM at Mount Sinai/MSH
Francis Wu	Diagnostic Radiology	Saint Louis University
Stephen Yang	Undecided	
Elizabeth Yuan West	Radiology	Columbia University

CHIEF RESIDENTS

Krystle Hernandez	Hospital Medicine	Mount Sinai St. Luke's/Mount Sinai West
Rifat Mamun	Gastroenterology	Icahn SOM at Mount Sinai/MSBI
Ana Velazquez-Manama	Hematology/Oncology	UCSF
Rebecca Voaklander	Gastroenterology	University of Utah

Our Residents



The residents at Mount Sinai Beth Israel give the program its unique character and feeling. Our housestaff is a truly representational group, hailing from some of the best medical schools in the United States and around the world.

The Internal Medicine Residency Program is designed to foster a team approach to patient care and learning. An essential component of that is creating an environment of friendship, camaraderie and well-being among residents and between residents and faculty.

Four residents are chosen annually to stay on an additional year. The Chief Medical Residents are a major force in our residency training program. In addition to scheduling conferences and speakers at grand rounds, they are an invaluable resource for teaching, conducting rounds, disseminating medical literature and overseeing administrative and educational aspects of the program. Through the initiatives of the Chief Medical Residents, new program improvements are proposed and implemented.

RESIDENT LIFE

Despite the demands of residency training, there is still an opportunity to become involved in extra-curricular activities and have a personal life. And at Beth Israel we value input from our housestaff on a variety of subjects including scheduling, curriculum and operations. Your life as a resident is not a one-dimensional experience; there is time to give back, time to explore New York City and to make lifelong connections.

Housestaff Council and the Importance of

Resident Feedback: A peer-elected Internal Medicine residency housestaff council meets regularly with the program leadership to explore new ideas and problem solve. The council may bring any issue to the table for collaborative discussion. All PGY classes are represented on the council including preliminary interns.

Resident feedback about all aspects of the program is regularly sought and highly valued. Housestaff input and feedback is considered and incorporated when new initiatives or policies are considered.

As an example, we have an anonymous “online suggestion box” web survey through which housestaff can express views or concerns. This survey is checked weekly, and new submissions are discussed by the chief residents and program directors at their weekly cabinet meeting.

Institution Level Involvement of Medical

Residents: We encourage our residents to take advantage of the chance to help shape the institution they are training in. Many of our residents sit on institution-level committees, placing them at the table with hospital leaders and giving them opportunity to provide direct resident input into various initiatives. Institutional committees that medical residents sat on during past years included: Blood Utilization, Cancer, Code/RRT, Ethics, Lesbian/Gay/Bi-Sexual/Transgender Health, Patient Safety, Medication Error, Beth Israel Medical Board, Graduate Medical Education, Quality Performance and Improvement, among others.

Community Involvement: Our residents have the chance to serve the New York City community in multiple ways beyond traditional rotations. Our medical residents have regularly served as doctors at the New York City Marathon, providing care to runners in the finish line medical tent. Residents have also staffed blood pressure, HIV and colon cancer screening booths at community events, such as the HOWL! Art Festival on the Lower East Side of Manhattan. Our program offers a unique elective in Lesbian, Gay, Bi-Sexual and Transgender Health, in which residents spend time learning and providing care at the world class Callen-Lorde Community Health Care Center in the Chelsea section of Manhattan.

Life in NYC: Our location in lower Manhattan offers innumerable activities for time away from work. Virtually everything you will need on a day-to-day basis will be within walking distance from where you live. For longer trips in the city, you absolutely don't need a car, as our public transportation system is fast, reliable and very safe. Cyclists will find lower Manhattan to be extremely bike friendly, with dedicated bike lanes throughout the neighborhoods that surround Mount Sinai Beth Israel.

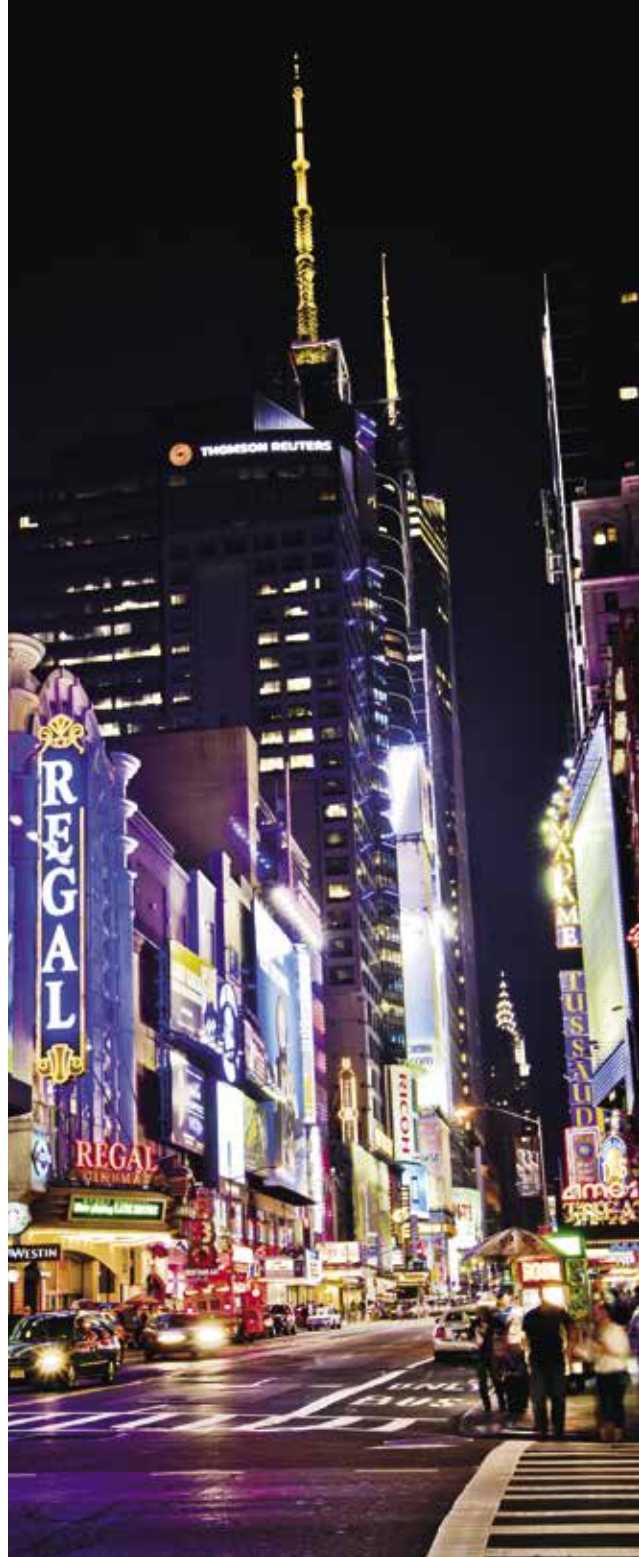
Restaurants and shops abound within walking distance in our immediate neighborhoods of Gramercy Park, Union Square, and the East Village. Union Square, a few blocks from the hospital, has a Whole Foods store, a Trader Joe's, and an enormous multi-level Barnes & Noble bookstore. Nothing like writing up a case report or research project on your laptop overlooking Union Square! In addition, New York City's flagship Greenmarket, a collection of vendors selling fresh produce and other foods from local and upstate farms, is found in the center of Union Square.

With a little research (check out *Time Out New York*, *Yelp*, *New York Magazine*, or *City Search*) even a couple of hours off can become a wonderful dinner at a tapas bar, a trip to a wine bar, or a Broadway show. A short subway ride can result in a stomach full of fantastic, truly authentic Indian or Pakistani food in Jackson Heights, Queens, or a complete cultural immersion experience in the peaceful and fascinating Russian neighborhood of Brighton Beach in Brooklyn.

Like the outdoors? Well, this isn't Colorado of course, but there are plenty of options. A peaceful or active day in Central Park cures many woes and people have been known to actually forget they are in New York City after a few hours (granted there have been no randomized trials for this, but we draw this conclusion based upon good, anecdotal evidence). Ninety minutes north of the city is the Mohonk Preserve, home to spectacular hiking. Some of the best rock climbing in the country, and an exceptionally cool town, can be found in and around New Paltz, NY, also just 90 minutes north of Manhattan.

For those of you who crave the beach, Jones Beach and Robert Moses State Park are all just a short way from the city and make nice day trips.

Salary, Benefits and Contractual Information: Salary and benefits are very competitive with other area programs. For more information on these topics please visit the Graduate Medical Education website at: www.icahn.mssm.edu/education/residencies-fellowships (applicants who have been invited for an interview will receive a password to this site in their invitation email, and it is recommended that you review the information on this site).



HOW TO APPLY

General Information

- Applications will only be accepted through ERAS, the Electronic Residency Application Service.
- No applications or supporting materials (letters, score reports) will be accepted via mail or fax.
- There is no minimum score requirement for the USMLE or COMLEX, however, applicants with any failing score(s) will not be considered for an interview.
- Application deadline is November 15.
- In order to apply you must submit: Dean's Letter, Department of Medicine letter if you are an American medical school graduate, two additional letters of recommendation from attendings who supervised you, medical school transcript, personal statement, curriculum vitae and USMLE transcript with Step 1 and 2 scores or COMLEX transcript with Level 1 and Level 2 scores.
- You must have graduated medical school within the last five years in order to apply.

The following information pertains to International Medical School Graduates:

- If all requirements are met prior to submitting our rank list, we can sponsor J-1 and H1-B visas.
- We will not interview an International Medical Graduate without ECFMG certification.
- US clinical "observerships" are not required, but are helpful.

Information on the program application/ interview notification process:

- A committee reviews the applications to determine if an interview will be granted. Due to the volume of applications received we will not be able to interview all applicants.
- Our interview session starts in early November and ends in January. There are no interviews between Christmas and New Year. We conduct all interviews on weekdays; we do not interview on the weekends.





- If selected for an interview, you will receive an invitation via email to the address you submitted to ERAS.
- Application status is never communicated to applicants by phone. We do not provide updates on an application.
- Due to our very high number of applicants, we apologize that we will not be able to notify you if you are not selected for an interview.

POSITION	NRMP #
Categorical – 1470140C0	
Preliminary Program – 1470140P0	
Preliminary/ Neurology Program – 1470140P1	

CONTACT INFORMATION

Applications for positions in our residency program will be processed through ERAS (Electronic Residency Application Service). Inquiries concerning the philosophy, content or form of the program should be addressed to:

Cynthia Dominguez

Manager, Internal Medicine
Residency Training Program
Department of Medicine
Mount Sinai Beth Israel
350 East 17th Street, 20th Floor, Baird Hall
New York, NY 10003
(212) 420-3363
Email: intmed@mountsinai.org

You may also email the Program Director or Chief Residents with questions or for more information.

Daniel Steinberg, MD:

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